Primary Lunch Menu
Autumn 2021



Lunch Menu
Week 1 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Chinese Veggie Noodles**	**Hot Chicken Sandwich with Potato Wedges**	**Roast Chicken** ***with Roast Potatoes and Gravy*** Succulent roast chicken with fluffy roasties and tasty gravy	**Beef Bolognese ****  A classic Italian beef Bolognese in a yummy tomato sauce	**Golden Fish Fingers** ***and Chips*** Crispy Fish Fingers and scrummy chips
Alternative Dish	**Cheese and Tomato Pizza With Doughballs (V)**	**The Incredib Burger (V)**	**Quorn Roast With Roast Potatoes And Gravy (V)**	***Quorn Hotdog With Potato Wedges (V)***	**Quorn Dippers** ***and Chips*** **(V)** Crispy Quorn nuggets with their fav sauce – ketchup
Third Choice		**Jacket Potato with Salmon Mayonnaise *****			
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot.				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V)** A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	**Green Beans Sweetcorn**	**Peas Broccoli**	**Carrots Cabbage**	**Broccoli Sweetcorn**	**Baked Beans Peas**
Desserts	**Raspberry Ripple Ice-Cream**	**Secret Brownie**	**Shortbread Biscuit with Fruit Slices***	**Pineapple Upside down cake**	**Lemon Slice**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

Lunch Menu
Week 2 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Veggie Bolognese Pasta in a tomato and quorn sauce (V)**	**Sausage And Mash**	**Roast Turkey *with Roast Potatoes and Gravy*** Succulent roast turkey with fluffy roasties and tasty gravy	**Cottage Pie **** A classic cottage pie with veg and gravy	**Golden Fish Fingers *and Chips*** Crispy Fish Fingers and scrummy chips
Alternative Dish	**Cheese and Tomato Pizza ** with Dough Balls (V)** Cheesy Tomato Topped Pizza Slice	**Allegra's Oodles of Noodles (V)** Veggie Noodles	**Creamy Vegetable Pie (V) *with Roast Potatoes and Gravy*** Creamy vegetable pie with a cheesy shortcrust topper	***Veggie Balls in a Tomato Sauce and Pasta (V)***	**Quorn Nuggets and Chips**
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot.				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V)** A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	**Carrot Sticks Cucumber Sticks**	**Peas Broccoli**	**Carrots Cabbage**	**Green Beans Sweetcorn**	**Baked Beans Peas**
Desserts	**Flapjack with Fruit Slices***	**Peach Shortbread Pudding* & Custard**	**Crunchy Chocolate Biscuit**	**Raspberry Ripple Cake**	**Vanilla Ice-Cream**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian

Lunch Menu
Week 3 - Mains

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	**Cheese and Tomato Pizza With Doughballs (V)**	**Hot Chicken Sandwich With Potato Wedges**	**Roast Chicken *with Roast Potatoes and Gravy*** Succulent roast pork with fluffy roasties and tasty gravy	**Beef Meatball in a Tomato Sauce with Pasta**	**Southern Fried Chicken Tasters** Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	**Veggie Sausage and Mash with Gravy (V)** Fluffy mash with veggie sausages and rich gravy	**Mac N Cheese (V)**	***Quorn Roast with Roast Potatoes s and Gravy (V)***	**Veggie Lasagne served with a bread wedge (V) **** Delicious sheets of pasta layered with veggies and tomato sauce	**Soft Taco And Chips (V)**
Salads	**A Selection of Fresh Salads** Including Lettuce, Cucumber, Tomato, Grated Carrot.				
Jacket Potato	**Jacket Potato With A Choice Of Fillings**				
Pasta	**Tomato Pasta ** (V)** A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	**Peas Carrots**	**Sweetcorn Broccoli**	**Carrots Cabbage**	**Green Beans Sweetcorn**	**Baked Beans Peas**
Desserts	**Berry Flapjack with Fruit S;lices**	**Apple and Carrot Yoghurt Muffin***	**Strawberry Ice Cream**	**Chocolate Sponge Cake**	**Cheese and Biscuits**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian