|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Key Stage 1 **Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education**  **Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway,**  **Covered in Religious Education, Be internet legends (Google) Key Events, Protected Characteristics, School Values.** | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law  Democracy | Individual Liberty | Rule of Law | Respect and Tolerance | Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year**  **1 -2**  **Cycle**  **A** | **Feelings and Emotions**  We Are All Different  Wonderful Me!  **New friendships**  What makes a good friend?  **Class rules**   * Why do we have rules? * Making choices * Listening to other people’s ideas and opinions. * Compromise   **RSE Everybody’s body**  **NSPCC (PANTS)**  **Safe and unsafe touches- Body Parts** | **Staying Safe**   * Medicines * First Aid * Identifying risks and ways to stop accidents happening * People who help us * Road safety – keeping safe near the road and in the car * Unsafe touches * Secrets and surprises * E Safety (Computing curriculum) | **Pets and Animals**   * Likes and dislikes * Right and wrong * Needs of animals * Fair and unfair * Human needs | **My Identity**   * Groups I belong (sex) * Bullying * Strategies for dealing with bullying * Extremism | **Valuing Ourselves**   * I Am Unique * Family – different types * Value and celebrate differences * Friendship skills * Good and bad friendships * Making choices- inclusion | **My Body**   * Changing needs. * Influences on health and wellbeing * Sleep * Likes and dislikes which affect physical and mental health * Consequences of choices * Emotional health |
| **Key Events** | World Mental Health Day. | Anti-bullying wk.    Diwali  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | Theme: think before you click | Theme: Keeping safe online / not everyone and everything online is trustworthy. | Safer Internet Week – separate planning. | Theme: Information online can be used in different ways/ keeping personal information safe. | Theme: Password safety | Theme: Trusted adults. |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Respect and Tolerance | Respect and Tolerance | Individual Liberty, Rule of Law | (ndividual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year**  **1 -2**  **Cycle**  **B**  **Key Events**  **E-Safety** | **Feelings and Emotions**   * Dealing with feelings including negative ones * I Am Unique.   I Am Amazing.  **Class rules**   * Why do we have rules? * Rules adults follow * British Values- The Rule of Law   **Student Leadership**   * Role of a representative * Meetings   **RSE Everybody’s body**  **NSPCC (PANTS)**  **Safe and unsafe touches- Body Parts** | **Safe and Unsafe:**   * Things e.g. medicines and household substances * Places e.g. roads * People i.e. safe and unsafe touches, feeling uncomfortable * Secrets and surprises * E Safety (Computing curriculum) | **Local Area**   * Positive and negatives of the local area * Improving the local area. * Helping in the local community.   **Money**   * Sources of money * Uses of money * Keeping money safe * Making choices about spending money and what influences these choices * Fund raising | **My Identity**   * Similarities and differences between boys and girls * Different types of families * Similarities between people of different races in the UK * Britain - A diverse place! * Extremism | **Valuing Ourselves**   * Changing relationships. * Dealing with change. * Behaviour and impact on others * Resolving conflict * Teasing and bullying | **My Body**   * Body parts * Personal hygiene * Spread of germs and diseases * First Aid * Balanced diet * Healthy lunchbox * Sleep * Emotional health |
| World Mental Health Day-  (Recovery curriculum). | Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk.  Odd Socks Day- I am unique  Diwali.Nov 14th covered in RE  Road Safety Week  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| Theme: What having a positive digital footprint means. | Theme: What having a positive digital footprint means. | Safer Internet Week – separate planning. | Theme: How do others see us online? | Theme: How to keep our personal information private. | Theme: How to build a positive digital footprint. |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Yr 3-4 Cycle A **Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019**  **Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education, Be internet legends (Google) Key Events, PSHE protected characteristics, School Values.** | | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **3-4**  **Cycle**  **A** | **Feelings and Emotions**  We are all different.  Wonderful Me!  Valuing ourselves.  Face new challenges in a positive way.  **Class rules**   * Why have rules? * Class rules * Student Leadership * British Values- Rule of Law | **Staying Safe**   * What is risk? * Road Safety. * Medicines, positive/negative effect. * Pressure, peer and media * Safe and unsafe touches * Difference between secrets and surprises. * Underwear rule. * E Safety (Computing curriculum)   **Safe and unsafe touches**  **NSPCC (PANTS) Safe and unsafe touches Body Parts** | **Money**   * Managing money * Good value * Resources we need as humans. * Allocation of resources * Sustainability * Impact on environment | **My Identity**   * Differences and similarities about Me * My community, local and school. * Similarities and differences in my community * Celebrate differences   (religion, race, nationality and ethnicity).   * Extremism | **Valuing Ourselves**  Friendships - Medway Primary PSHE  Education. Relationships and Sex Education.   * Different families * Different family arrangements. * What makes a good friend? * Falling out * Feelings for other people | **My Body**   * Body image * Balanced diet * Sleep * Making choices * To recognise the difference between males and females * Stereotyping * Learn the agreed names of the sexual parts   Yr 4 Puberty Medway |
| **Key Events** | World Mental Health Day. | Anti-bullying wk- Knife Crime  Diwali  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | **Theme: What is phishing?** | **Theme: How to respond to phishing.** | **Safer Internet Week – separate planning.** | **Theme: phishing: is it real or fake?** | **Theme: How to build a strong password.** | **Theme: Take care of yourself and others.** |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty, Respect and Tolerance | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **3-4**  **Cycle**  **B** | **Feelings and Emotions**  I Am Amazing  I Am Unique  **Class rules**  **British Values**  **Student Leadership**   * Role of Student Leadership * My strengths and weaknesses | **Staying Safe**   * Safety in school * Responsibilities for my safety and the safety of others * Safe and unsafe touches * Underwear rule * E Safety (Computing curriculum)   **Safe and unsafe touches**  **NSPCC (PANTS)**  **Safe and unsafe touches Body Parts** | **Rights and Responsibilities**   * Rights of the Child * Jobs and duties | **My Identity**   * Similarities and differences * Communities including Britain * Extremism * Respect and tolerance | **Valuing Ourselves**  Friendships - Medway Primary PSHE  Education. Relationships and Sex Education.   * Different families * Loss * Developing relationships * Different types of relationships * Puberty | **Staying Healthy**   * What keeps me healthy? * What can make me ill? Bacteria and viruses * Drugs- medicines and tobacco. * Good and bad habits |
| **Key Events** | World Mental Health Day | Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk. Odd Socks Day- I am unique. Knife Crime  Diwali.Nov 14th covered in RE  Road Safety Week  November 16-22nd  International Day of Persons with Disabilities. Dec 3rd | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Yr 4 Puberty Medway  Pride Month  June  RSE Day  June 24 (Theme tbc) |
| **E-Safety** | **Theme: How to stand up to others online.** | **Theme: Turning negatives into positives.** | **Safer Internet Week – separate planning.** | **Theme: Mixed messages.** | **Theme: Reacting to role models.** | **Theme: Being kind online.** |
| Yr 5/6 Cycle AMapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education, Be internet legends (Google) Key Events, PSHE protected characteristics | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law, Democracy | Individual Liberty, Rule of Law | Rule of Law, Democracy | Respect and Tolerance | Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity Broadmindedness | Protecting the environment | Health |
| **Year**  **5-6**  **Cycle A** | **Feelings and Emotions**  We are all different  Wonderful Me!   * My achievements * My goals * Student Leadership reps * Class rules * Opportunities and challenges of Y6 * British Values- Rule of Law, Democracy | **Staying Safe**   * When do I feel unsafe? * How to behave responsibly. * Pressure including peer pressure * Passive, assertive and aggressive behaviour. * Getting help * E Safety   (Computing curriculum)  **Yr 5 Puberty**  Medway Primary PSHE  Education. Relationships and Sex Education. | **Money Matters**   * How are laws made in the UK? * Parliament * Public money * Personal money – loans, debt and interest | **My Identity**   * Identities in the UK * Celebrating diversity * Extremism * Racism * Volunteering in the community, supporting the homeless and the elderly. | **Valuing Ourselves**   * Gender stereotyping * Friendships and developing relationships * Marriage and commitment * Family problems- unhappy or unsafe. * Different types of families * Respect for differences | **Staying Healthy**   * Healthy lifestyle * Positive and negative effects of physical, mental and emotional health. * Body image- media * Changes during puberty * Menstruation -hygiene   **Yr 6**  **Sex Education- Conception**  Yr 6  Medway Primary PSHE  Education. Relationships and Sex Education. |
| **Key Events** | World Mental Health Day. | Black History Month  Children in Need Day  Anti-bullying wk- Knife Crime.  Diwali.  Road Safety Week  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | **Theme: Fake News.** | **Theme: Fake News.** | **Safer Internet Week – separate planning.** | **Theme: Fake News.** | **Theme: Understanding deliberate emotional manipulation and how it is used online.** | **Theme: Understanding deliberate emotional manipulation and how it is used online.** |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Democracy, Individual Liberty | Individual Liberty, Respect and Tolerance | Respect and Tolerance | Respect and Tolerance | Respect and Tolerance, Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **5-6**  **Cycle**  **B** | **Feelings and Emotions**  I Am Amazing  I Am Unique  **Class rules**   * Opportunities and challenges of Y6 * My contribution to my school- Student Leadership * My achievements * My goals | **Staying Safe**   * Drugs – solvents and alcohol * Pressure related to drug use * Strategies for making decisions and saying no * First Aid * E Safety   (Computing curriculum)  **Yr 5 Puberty**  Medway Primary PSHE  Education. Relationships and Sex Education. | **Sustainability**   * Environment and sustainability * Pressure groups and charities | **My Identity**   * Similarities and differences- values and customs. * Stereo-tying * Challenging stereotypes * Diverse nature of UK * Racial Discrimination * Moral dilemmas | **Valuing Ourselves**   * Impact of gender stereotypes * Consequences of racial bullying * Changing friendships and relationships * Coping with puberty | **Staying Healthy**   * Key facts about health and well-being * Body changes- emotional and physical during puberty * Names /functions of the internal organs * Menstrual cycle * Sleep |
| **Key Events** | World Mental Health Day- to be covered in recovery curriculum. | Black History Month  Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk. Nov- Odd Socks Day- I am unique -Knife Crime  Diwali. Nov covered in RE  Road Safety Week  November  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- March | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  **Yr 6**  **Sex Education- Conception**  Yr 6  Medway Primary PSHE  Education. Relationships and Sex Education.  Pride Month  June  RSE Day  June 24 (Theme tbc) |
| **E-Safety** | **Theme: How ‘us v them’ thinking creates divisions in society.** | **Theme: How ‘us v them’ thinking creates divisions in society: stereotyping / scapegoating.** | **Safer Internet Week – separate planning.** | **Theme: How ‘us v them’ thinking creates divisions in society: stereotyping / scapegoating.** | **Theme: Understanding hate speech and how and why it is used. Learning how to respond to hate speech.** | **Theme: Understanding hate speech and how and why it is used. Learning how to respond to hate speech.** |

**Protected Characteristics covered throughout:**

* Age
* Disability
* Gender reassignment
* Marriage and civil partnership
* Pregnancy and maternity
* Race
* Religion or belief
* Sex
* Sexual orientation