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| Key Stage 1**Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education****Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway,** **Covered in Religious Education, Be internet legends (Google) Key Events, Protected Characteristics, School Values.** |
|  | Autumn 1  | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Rule of LawDemocracy | Individual Liberty | Rule of Law | Respect and Tolerance | Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year****1 -2****Cycle** **A** | **Feelings and Emotions**We Are All DifferentWonderful Me!**New friendships**What makes a good friend?**Class rules*** Why do we have rules?
* Making choices
* Listening to other people’s ideas and opinions.
* Compromise

**RSE Everybody’s body****NSPCC (PANTS)****Safe and unsafe touches- Body Parts** | **Staying Safe*** Medicines
* First Aid
* Identifying risks and ways to stop accidents happening
* People who help us
* Road safety – keeping safe near the road and in the car
* Unsafe touches
* Secrets and surprises
* E Safety (Computing curriculum)
 | **Pets and Animals*** Likes and dislikes
* Right and wrong
* Needs of animals
* Fair and unfair
* Human needs
 | **My Identity*** Groups I belong (sex)
* Bullying
* Strategies for dealing with bullying
* Extremism
 | **Valuing Ourselves*** I Am Unique
* Family – different types
* Value and celebrate differences
* Friendship skills
* Good and bad friendships
* Making choices- inclusion
 | **My Body*** Changing needs.
* Influences on health and wellbeing
* Sleep
* Likes and dislikes which affect physical and mental health
* Consequences of choices
* Emotional health
 |
| **Key Events** | World Mental Health Day.  | Anti-bullying wk. DiwaliInternational Day of Persons with Disabilities.  | LGBT + History MonthChildren's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness MonthRamadanEidShavuot | **Health and wellbeing week**Pride MonthJune RSE Day   |
| **E-Safety** | Theme: think before you click | Theme: Keeping safe online / not everyone and everything online is trustworthy.  | Safer Internet Week – separate planning. | Theme: Information online can be used in different ways/ keeping personal information safe. | Theme: Password safety  | Theme: Trusted adults. |
|  | Autumn 1  | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Respect and Tolerance | Respect and Tolerance | Individual Liberty, Rule of Law | (ndividual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year****1 -2****Cycle** **B****Key Events****E-Safety** | **Feelings and Emotions*** Dealing with feelings including negative ones
* I Am Unique.

I Am Amazing.**Class rules** * Why do we have rules?
* Rules adults follow
* British Values- The Rule of Law

**Student Leadership*** Role of a representative
* Meetings

**RSE Everybody’s body****NSPCC (PANTS)****Safe and unsafe touches- Body Parts** | **Safe and Unsafe:** * Things e.g. medicines and household substances
* Places e.g. roads
* People i.e. safe and unsafe touches, feeling uncomfortable
* Secrets and surprises
* E Safety (Computing curriculum)
 | **Local Area*** Positive and negatives of the local area
* Improving the local area.
* Helping in the local community.

**Money*** Sources of money
* Uses of money
* Keeping money safe
* Making choices about spending money and what influences these choices
* Fund raising
 | **My Identity*** Similarities and differences between boys and girls
* Different types of families
* Similarities between people of different races in the UK
* Britain - A diverse place!
* Extremism
 | **Valuing Ourselves*** Changing relationships.
* Dealing with change.
* Behaviour and impact on others
* Resolving conflict
* Teasing and bullying
 | **My Body*** Body parts
* Personal hygiene
* Spread of germs and diseases
* First Aid
* Balanced diet
* Healthy lunchbox
* Sleep
* Emotional health
 |
| World Mental Health Day- (Recovery curriculum). | Parliament Week- WebinarsHealthy Eating –WebinarChildren in Need DayAnti-bullying wk.Odd Socks Day- I am uniqueDiwali.Nov 14th covered in RERoad Safety WeekInternational Day of Persons with Disabilities.  | LGBT + History MonthChildren's Mental Health Week | International Day for the Elimination of Racial Discrimination-  | World Autism Awareness MonthRamadanEidShavuot | **Health and wellbeing week**Pride MonthJune RSE Day  |
| Theme: What having a positive digital footprint means. | Theme: What having a positive digital footprint means. | Safer Internet Week – separate planning. | Theme: How do others see us online? | Theme: How to keep our personal information private. | Theme: How to build a positive digital footprint.  |

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| Yr 3-4 Cycle A**Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019****Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education, Be internet legends (Google) Key Events, PSHE protected characteristics, School Values.** |
|  | Autumn 1  | Autumn 2  | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | CuriosityBroadmindedness | Protecting the environment | Health |
| **Year** **3-4****Cycle** **A** | **Feelings and Emotions**We are all different.Wonderful Me! Valuing ourselves.Face new challenges in a positive way.**Class rules*** Why have rules?
* Class rules
* Student Leadership
* British Values- Rule of Law
 | **Staying Safe*** What is risk?
* Road Safety.
* Medicines, positive/negative effect.
* Pressure, peer and media
* Safe and unsafe touches
* Difference between secrets and surprises.
* Underwear rule.
* E Safety (Computing curriculum)

**Safe and unsafe touches****NSPCC (PANTS) Safe and unsafe touches Body Parts**  | **Money*** Managing money
* Good value
* Resources we need as humans.
* Allocation of resources
* Sustainability
* Impact on environment
 | **My Identity*** Differences and similarities about Me
* My community, local and school.
* Similarities and differences in my community
* Celebrate differences

(religion, race, nationality and ethnicity).* Extremism
 | **Valuing Ourselves**Friendships - Medway Primary PSHEEducation. Relationships and Sex Education. * Different families
* Different family arrangements.
* What makes a good friend?
* Falling out
* Feelings for other people
 | **My Body*** Body image
* Balanced diet
* Sleep
* Making choices
* To recognise the difference between males and females
* Stereotyping
* Learn the agreed names of the sexual parts

Yr 4 Puberty Medway |
| **Key Events** | World Mental Health Day.  | Anti-bullying wk- Knife CrimeDiwaliInternational Day of Persons with Disabilities.  | LGBT + History MonthChildren's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness MonthRamadanEid Shavuot | **Health and wellbeing week**Pride MonthJune RSE Day  |
| **E-Safety** | **Theme: What is phishing?** | **Theme: How to respond to phishing.** | **Safer Internet Week – separate planning.** | **Theme: phishing: is it real or fake?** | **Theme: How to build a strong password.**  | **Theme: Take care of yourself and others.** |
|  | Autumn 1  | Autumn 2  | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty, Respect and Tolerance | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | CuriosityBroadmindedness | Protecting the environment | Health |
| **Year****3-4****Cycle** **B** | **Feelings and Emotions**I Am AmazingI Am Unique**Class rules****British Values****Student Leadership*** Role of Student Leadership
* My strengths and weaknesses
 | **Staying Safe*** Safety in school
* Responsibilities for my safety and the safety of others
* Safe and unsafe touches
* Underwear rule
* E Safety (Computing curriculum)

**Safe and unsafe touches****NSPCC (PANTS)** **Safe and unsafe touches Body Parts**  | **Rights and Responsibilities*** Rights of the Child
* Jobs and duties
 | **My Identity*** Similarities and differences
* Communities including Britain
* Extremism
* Respect and tolerance
 | **Valuing Ourselves**Friendships - Medway Primary PSHEEducation. Relationships and Sex Education. * Different families
* Loss
* Developing relationships
* Different types of relationships
* Puberty
 | **Staying Healthy*** What keeps me healthy?
* What can make me ill? Bacteria and viruses
* Drugs- medicines and tobacco.
* Good and bad habits
 |
| **Key Events** | World Mental Health Day | Parliament Week- WebinarsHealthy Eating –WebinarChildren in Need DayAnti-bullying wk. Odd Socks Day- I am unique. Knife CrimeDiwali.Nov 14th covered in RERoad Safety WeekNovember 16-22nd International Day of Persons with Disabilities. Dec 3rd  | LGBT + History MonthChildren's Mental Health Week | International Day for the Elimination of Racial Discrimination-  | World Autism Awareness MonthRamadanEidShavuot | **Health and wellbeing week**Yr 4 Puberty MedwayPride MonthJune RSE Day June 24 (Theme tbc) |
| **E-Safety** | **Theme: How to stand up to others online.**  | **Theme: Turning negatives into positives.**  | **Safer Internet Week – separate planning.** | **Theme: Mixed messages.**  | **Theme: Reacting to role models.**  | **Theme: Being kind online.**  |
| Yr 5/6 Cycle A Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019 Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education, Be internet legends (Google) Key Events, PSHE protected characteristics |
|  | Autumn 1  | Autumn 2  | Spring 1 | Spring 2  | Summer 1  | Summer 2  |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Rule of Law, Democracy | Individual Liberty, Rule of Law | Rule of Law, Democracy | Respect and Tolerance | Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity Broadmindedness | Protecting the environment | Health |
| **Year****5-6****Cycle A** | **Feelings and Emotions**We are all differentWonderful Me!* My achievements
* My goals
* Student Leadership reps
* Class rules
* Opportunities and challenges of Y6
* British Values- Rule of Law, Democracy
 | **Staying Safe*** When do I feel unsafe?
* How to behave responsibly.
* Pressure including peer pressure
* Passive, assertive and aggressive behaviour.
* Getting help
* E Safety

(Computing curriculum)**Yr 5 Puberty** Medway Primary PSHEEducation. Relationships and Sex Education. | **Money Matters*** How are laws made in the UK?
* Parliament
* Public money
* Personal money – loans, debt and interest
 | **My Identity*** Identities in the UK
* Celebrating diversity
* Extremism
* Racism
* Volunteering in the community, supporting the homeless and the elderly.
 | **Valuing Ourselves*** Gender stereotyping
* Friendships and developing relationships
* Marriage and commitment
* Family problems- unhappy or unsafe.
* Different types of families
* Respect for differences
 | **Staying Healthy*** Healthy lifestyle
* Positive and negative effects of physical, mental and emotional health.
* Body image- media
* Changes during puberty
* Menstruation -hygiene

**Yr 6** **Sex Education- Conception** Yr 6Medway Primary PSHEEducation. Relationships and Sex Education. |
| **Key Events** | World Mental Health Day.  | Black History MonthChildren in Need DayAnti-bullying wk- Knife Crime.Diwali.Road Safety WeekInternational Day of Persons with Disabilities.  | LGBT + History MonthChildren's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness MonthRamadanEidShavuot | **Health and wellbeing week**Pride MonthJune RSE Day   |
| **E-Safety** | **Theme: Fake News.**  | **Theme: Fake News.**  | **Safer Internet Week – separate planning.** | **Theme: Fake News.**  | **Theme: Understanding deliberate emotional manipulation and how it is used online.**  | **Theme: Understanding deliberate emotional manipulation and how it is used online.** |
|  | Autumn 1  | Autumn 2  | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships  | Happy and Healthy Me |
| British Value | Democracy, Individual Liberty | Individual Liberty, Respect and Tolerance | Respect and Tolerance | Respect and Tolerance | Respect and Tolerance, Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | CuriosityBroadmindedness | Protecting the environment | Health |
| **Year****5-6****Cycle** **B** | **Feelings and Emotions**I Am AmazingI Am Unique**Class rules*** Opportunities and challenges of Y6
* My contribution to my school- Student Leadership
* My achievements
* My goals
 | **Staying Safe*** Drugs – solvents and alcohol
* Pressure related to drug use
* Strategies for making decisions and saying no
* First Aid
* E Safety

(Computing curriculum)**Yr 5 Puberty** Medway Primary PSHEEducation. Relationships and Sex Education. | **Sustainability*** Environment and sustainability
* Pressure groups and charities
 | **My Identity*** Similarities and differences- values and customs.
* Stereo-tying
* Challenging stereotypes
* Diverse nature of UK
* Racial Discrimination
* Moral dilemmas
 | **Valuing Ourselves*** Impact of gender stereotypes
* Consequences of racial bullying
* Changing friendships and relationships
* Coping with puberty
 | **Staying Healthy*** Key facts about health and well-being
* Body changes- emotional and physical during puberty
* Names /functions of the internal organs
* Menstrual cycle
* Sleep
 |
| **Key Events** | World Mental Health Day- to be covered in recovery curriculum. | Black History MonthParliament Week- WebinarsHealthy Eating –WebinarChildren in Need DayAnti-bullying wk. Nov- Odd Socks Day- I am unique -Knife CrimeDiwali. Nov covered in RERoad Safety WeekNovember International Day of Persons with Disabilities.  | LGBT + History MonthChildren's Mental Health Week  | International Day for the Elimination of Racial Discrimination- March | World Autism Awareness MonthRamadan EidShavuot | **Health and wellbeing week****Yr 6** **Sex Education- Conception**Yr 6Medway Primary PSHEEducation. Relationships and Sex Education.Pride MonthJune RSE Day June 24 (Theme tbc) |
| **E-Safety** | **Theme: How ‘us v them’ thinking creates divisions in society.**  | **Theme: How ‘us v them’ thinking creates divisions in society: stereotyping / scapegoating.**  | **Safer Internet Week – separate planning.** | **Theme: How ‘us v them’ thinking creates divisions in society: stereotyping / scapegoating.** | **Theme: Understanding hate speech and how and why it is used. Learning how to respond to hate speech.**  | **Theme: Understanding hate speech and how and why it is used. Learning how to respond to hate speech.**  |

**Protected Characteristics covered throughout:**

* Age
* Disability
* Gender reassignment
* Marriage and civil partnership
* Pregnancy and maternity
* Race
* Religion or belief
* Sex
* Sexual orientation