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| Key Stage 1 **Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019**  **Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education,**  **Project Evolve, Key Events, PSHE protected characteristics, School Values.** | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law  Democracy | Individual Liberty | Rule of Law | Respect and Tolerance | Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year**  **1** | **Feelings and Emotions**   * I Am Unique.   I Am Amazing.   * Dealing with feelings including negative ones * Compromise -read “You Choose” by Nick Sharratt and Pippa Goodhart.   **Class rules**   * Why do we have rules? * Rules adults follow * British Values- The Rule of Law * Responsibilities within the classroom- monitors | **Safe and Unsafe:**   * Things e.g. medicines and household substances * Staying safe- Places e.g. roads * People i.e. safe and unsafe touches, feeling uncomfortable * Secrets and surprises * E Safety (Computing curriculum)   **RSE Everybody’s body**  **NSPCC (PANTS)**  **Safe and unsafe touches- Body Parts** | **Pets and Animals**   * Likes and dislikes * Right and wrong * Fair and unfair * Needs of animals * Human needs | **My Identity**   * Similarities and differences between boys and girls * Different types of families * Similarities between people of different races in the UK | **Valuing Ourselves**   * Changing relationships. * Dealing with change. * Behaviour and impact on others * Resolving conflict * Teasing and bullying | **My Body**   * Personal hygiene * Spread of germs and diseases * Balanced diet * Healthy lunchbox * Sleep * Emotional health |
| **Key Events** | World Mental Health Day. | Anti-bullying wk.    Diwali  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | Self-image and identity  Online Bullying  Privacy and Security | | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. | | Online relationship  Online reputation  Copyright and ownership | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Respect and Tolerance | Respect and Tolerance | Individual Liberty, Rule of Law | (ndividual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect | Curiosity | Protecting the environment | Health |
| **Year**  **2**  **Key Events**  **E-Safety** | **Feelings and Emotions**  We Are All Different  Wonderful Me!  **New friendships**  What makes a good friend?  **Class rules**   * Why do we have rules? * Making choices * Listening to other people’s ideas and opinions.   **Student Leadership**   * Role of a representative * Meetings * Responsibilities within the classroom- monitors etc | **Staying Safe**   * Medicines * First Aid * Identifying risks and ways to stop accidents happening * Road safety – keeping safe near the road and in the car * Unsafe touches * Secrets and surprises * E Safety (Computing curriculum)   **RSE Everybody’s body**  **NSPCC (PANTS)**  **Safe and unsafe touches- Body Parts** | **Local Area**   * Positive and negatives of the local area * Improving the local area. * Helping in the local community.   **Money**   * Sources of money * Uses of money * Keeping money safe * Making choices about spending money and what influences these choices * Fund raising | **My Identity**   * Groups I belong (sex) * Bullying * Strategies for dealing with bullying * Britain - A diverse place! * Extremism | **Valuing Ourselves**   * I Am Unique * Family – different types * Value and celebrate differences * Friendship skills * Good and bad friendships * Making choices- inclusion | **My Body**   * Changing needs. * Influences on health and wellbeing * Sleep * Likes and dislikes which affect physical and mental health * Consequences of choices * Emotional health   **Health and wellbeing week** |
| World Mental Health Day-  (Recovery curriculum). | Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk.  Odd Socks Day- I am unique  Diwali.- covered in RE  Road Safety Week  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Careers - Stereotypes**  Pride Month  June  RSE Day |
| Self-image and identity  Online Bullying  Privacy and Security | | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. | | Online relationship  Online reputation  Copyright and ownership | |

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| Yr 3-4 **Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019**  **Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education,**  **Be internet legends (Google) Key Events, PSHE protected characteristics, School Values.** | | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **3** | **Feelings and Emotions**  I Am Amazing  I Am Unique  **Class rules**  **British Values**  **Student Leadership**   * Rules * My strengths and weaknesses * Role of Student Leadership * Responsibilities within the classroom- monitors etc | **Staying Safe**   * Safety in school * Responsibilities for my safety and the safety of others * Safe and unsafe touches * Underwear rule * E Safety (Computing curriculum)   **Safe and unsafe touches**  **NSPCC (PANTS)**  **Safe and unsafe touches**  **Body Parts** | **Rights and Responsibilities**   * Rights of the Child * Jobs and duties | **My Identity**   * Similarities and differences * Communities including Britain * Extremism * Respect and tolerance | **Valuing Ourselves**  Friendships - Medway Primary PSHE  Education. Relationships and Sex Education.   * Different families * Loss * Developing relationships * Different types of relationships | **Staying Healthy**   * What keeps me healthy? * What can make me ill? Bacteria and viruses * Drugs- medicines and tobacco. * Good and bad habits |
| **Key Events** | World Mental Health Day. | Anti-bullying wk- Knife Crime  Diwali  International Day of Persons with Disabilities. | Carrers – Animal Care  LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination | Careers – Health and Social Care  World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | Self-image and identity  Online Bullying  Privacy and Security | | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. | | Online relationship  Online reputation  Copyright and ownership | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law Democracy | Individual Liberty, Respect and Tolerance | Individual Liberty | Respect and Tolerance | Individual Liberty, Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **4** | **Feelings and Emotions**  We are all different.  Wonderful Me!  Valuing ourselves.  Face new challenges in a positive way.  **Class rules**   * Why do we have rules? * British Values- Rule of Law * Class rules * Student Leadership * Responsibilities within the classroom- monitors etc | **Staying Safe**   * What is risk? * Road Safety. * Medicines, positive/negative effect. * Pressure, peer and media * Safe and unsafe touches * Difference between secrets and surprises. * Underwear rule. * E Safety (Computing curriculum)   **Safe and unsafe touches**  **NSPCC (PANTS) Safe and unsafe touches Body Parts** | **Money**   * Managing money * Good value * Resources we need as humans. * Allocation of resources * Sustainability * Impact on environment   Done | **My Identity**   * Differences and similarities about Me * My community, local and school. * Similarities and differences in my community * Celebrate differences   (religion, race, nationality and ethnicity).   * Extremism | **Valuing Ourselves**  Friendships - Medway Primary PSHE  Education. Relationships and Sex Education.   * Different families * Different family arrangements. * What makes a good friend? * Falling out * Feelings for other people | **My Body**   * Body image * Balanced diet * Sleep * Making choices * To recognise the difference between males and females * Stereotyping * Learn the agreed names of the sexual parts   Yr 4 Puberty Medway |
| **Key Events** | World Mental Health Day | Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk. Odd Socks Day- I am unique. Knife Crime  Diwali- covered in RE  Road Safety Week  November 16-22nd  International Day of Persons with Disabilities. Dec 3rd | Careers – Sports  LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- | Careers – Environmental Sector  World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  Yr 4 Puberty Medway  Pride Month  June  RSE Day |
| **E-Safety** | Self-image and identity  Online Bullying  Privacy and Security |  | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. |  | Online relationship  Online reputation  Copyright and ownership |  |
| Yr 5/6Mapped against Government guidance for Relationships Education, Relationships and Sex Education and Health Education 2019Ref: Entrust Scheme of Work, PSHE Association, Stonewall, NSPCC, Red Cross, RSE Medway, Covered in Religious Education,Be internet legends (Google) Key Events, PSHE protected characteristics | | | | | | |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Rule of Law, Democracy | Individual Liberty, Rule of Law | Rule of Law, Democracy | Respect and Tolerance | Respect and tolerance | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity Broadmindedness | Protecting the environment | Health |
| **Year**  **5** | **Feelings and Emotions**  I Am Amazing  I Am Unique  Feelings and emotions  **Class rules**   * Opportunities and challenges of UKS2 * My contribution to my school- Student Leadership * My achievements * My goals | **Staying Safe**   * Drugs – solvents and alcohol * Pressure related to drug use * Strategies for making decisions and saying no * First Aid * E Safety   (Computing curriculum)  **Yr 5 Puberty**  Medway Primary PSHE  Education. Relationships and Sex Education. | **Sustainability**   * Environment and sustainability * Pressure groups and charities | **My Identity**   * Similarities and differences- values and customs. * Stereo-tying * Challenging stereotypes * Diverse nature of UK * Racial Discrimination * Moral dilemmas | **Valuing Ourselves**   * Impact of gender stereotypes * Consequences of racial bullying * Changing friendships and relationships * Coping with puberty | **Staying Healthy**   * Key facts about health and well-being * Body changes- emotional and physical during puberty * Names /functions of the internal organs * Menstrual cycle * Sleep |
| **Key Events** | Careers – Transport/Tech  World Mental Health Day. | Black History Month  Children in Need Day  Anti-bullying wk- Knife Crime.  Diwali.  Road Safety Week  International Day of Persons with Disabilities. | Careers – Building/Construction  LGBT + History Month  Children's Mental Health Week | Careers – Retail Visitor  International Day for the Elimination of Racial Discrimination | World Autism Awareness Month  Ramadan  Eid  Shavuot | **Careers – Creative Arts**  **Health and wellbeing week**  Pride Month  June  RSE Day |
| **E-Safety** | Self-image and identity  Online Bullying  Privacy and Security |  | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. |  | Online relationship  Online reputation  Copyright and ownership |  |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| PSHE | Me and My School | Me and My Safety | Me in the World | Me and Other People | Me and My relationships | Happy and Healthy Me |
| British Value | Democracy, Individual Liberty | Individual Liberty, Respect and Tolerance | Respect and Tolerance | Respect and Tolerance | Respect and Tolerance, Individual Liberty | Individual Liberty |
| School Value | Sense of Belonging | Ambition | Self-respect and responsibility | Curiosity  Broadmindedness | Protecting the environment | Health |
| **Year**  **6** | **Feelings and Emotions**  We are all different  Wonderful Me!  Feelings and emotions   * My achievements * My goals * Student Leadership reps * Class rules * British Values- Rule of Law, Democracy * Opportunities and challenges of Y6 | **Staying Safe**   * When do I feel unsafe? * How to behave responsibly. * Pressure including peer pressure * Passive, assertive and aggressive behaviour. * Getting help * E Safety   (Computing curriculum) | **Money Matters**   * How are laws made in the UK? * Parliament * Public money * Personal money – loans, debt and interest | **My Identity**   * Identities in the UK * Celebrating diversity * Extremism * Racism * Volunteering in the community, supporting the homeless and the elderly. | **Valuing Ourselves**   * Gender stereotyping * Friendships and developing relationships * Marriage and commitment * Family problems- unhappy or unsafe. * Different types of families * Respect for differences | **Staying Healthy**   * Healthy lifestyle * Positive and negative effects of physical, mental and emotional health. * Body image- media * Changes during puberty * Menstruation -hygiene   **Yr 6**  **Sex Education- Conception**  Yr 6  Medway Primary PSHE  Education. Relationships and Sex Education. |
| **Key Events** | Careers – Public sector  World Mental Health Day- to be covered in recovery curriculum. | Careers – Manufacturing  Black History Month  Parliament Week- Webinars  Healthy Eating –Webinar  Children in Need Day  Anti-bullying wk. Nov- Odd Socks Day- I am unique -Knife Crime  Diwali. Nov covered in RE  Road Safety Week  November  International Day of Persons with Disabilities. | LGBT + History Month  Children's Mental Health Week | International Day for the Elimination of Racial Discrimination- March | Careers – Business  World Autism Awareness Month  Ramadan  Eid  Shavuot | **Health and wellbeing week**  **Yr 6**  **Sex Education- Conception**  Yr 6  Medway Primary PSHE  Education. Relationships and Sex Education.  Pride Month  June  RSE Day |
| **E-Safety** | Self-image and identity  Online Bullying  Privacy and Security |  | Safer Internet Day – separate planning.  Managing online information.  Health, well-being and lifestyle. |  | Online relationship  Online reputation  Copyright and ownership |  |

**Protected Characteristics covered throughout.**